



NEWSLETTER

*The Way We Were
Reminding ourselves
of where we have been*

CALENDAR

October 15 – 10 AM

Board Meeting at Pat Maki's

October 20 – 3 PM

General Meeting and
District Director Visit
Home of Pearl Kim

November 17 – 3 PM

Founder's Day
Home of Ramona Gifford

*Yearbooks are now available!
If you do not yet have yours and cannot
attend the October 20 meeting, please
make arrangements to get yours from
Lois Tai.*

President's Message

As you can see by the great news highlighted in this newsletter and announced at our September Potluck that our chapter is the recipient of the Outstanding Alumni Chapter of the Year Award, in addition to receiving the Outstanding Website, Outstanding Newsletter and Greatest per Member SERV Hours Award!! I am so grateful for all of you, members and patrons, but most especially to our Board and Chairs for the excellence, inspiration and plain old hard work that they exert and exude unselfishly and enthusiastically in planning and accomplishing our many ambitious projects and programs. "Thank you!!" seems inadequate to convey the appreciation I so deeply feel, but nevertheless, thank you for being the outstanding members and patrons that you are!!

Due to the length of this newsletter with all the announcements, awards descriptions and the fact that you need to read up and be prepared to vote on our newly developed Standing Rules, this month I tried to make my President's Message relatively brief, but...

Our September Potluck was a delightfully merry evening of great companionship, tasty food and a light hearted program featuring familiar and not-so-familiar songs from musical theater. The beautiful home of Annette Smith was the setting for this enjoyable evening. Annette was, as usual, a charming and well organized hostess, assisted by Linnea Eades, Ramona Gifford and LaVerne McCoy. We enjoyed learning more about Helen Freeborn's interesting life as a cellist and Mu Phi member and remaining a "beautiful woman," which her husband heartily exclaimed following her mini bio. Helen was our first "Cameo" this year and we look forward to learning more about other members in future "Cameos." The enchanting program was arranged by Jeannie Cobb and included Ruth Cuccia, Leslie Sharp, Lenita and David Witherspoon, Ramona Gifford, Carla Sedlacek and Jeannie. We were treated to solos and ensembles, including a duet by David and Lenita! Pat Harpole was the very able accompanist. Kudos to each of you!

We have a wonderful year planned. Even though it may appear that the October meeting will consist of a lot of boring business, that is not the case. Our discussion and vote on the Standing Rules will be very brief and our District Director's visit is a private one-on-one meeting with each officer and is separate from the general meeting and program. The November 17 Founders Day Celebration is always poignant and will also include a great program.

Please remember to check our website www.muphiepsilon.org/palosverdes for additional information, to read our newsletters and announcements online, to see our grants recipients and community service projects, to learn more about our scholarship winners and to link to other sites.

Gratefully yours,
Darlene

Corrections to the Yearbook:

Please make the following corrections in your yearbook:
On page 6, correct the year at the top of the page to: 2013-14. The new Foundation President is Nancy Rutherford Hawkins nahawkins79@hotmail.com and the new Vice President is Paul Verona mpefoundation.vp@gmail.com. The other officers are correct.

IEB Job Opening

Gloria Debatin, the International Executive Secretary/Treasurer will be retiring next spring. The IEB is accepting applications for the position. It is a full time job with a modest salary. The office may be located anywhere. A job description and application packet is posted on the Fraternity website and accompanies this newsletter.

Opportunity – Fathom Events

From Maurice Suhre:

“Fathom Events presents events broadcast to selected movie theaters. The presentations of Fine Arts events have been truly fine. Last year there was a Lang Lang recital from England coupled with his performance of the Liszt Piano Concerto at the Curtiss Institute all on one program. Visit www.fathomevents.com for a calendar of upcoming events and venues. My wife and I are looking forward to the Vermeer event on October 10.

Upcoming Jewelry Sale

To help raise funds to support our business and potential music delegates we are going to have a jewelry "sale" at our next meeting. Go through your jewelry box and if a piece doesn't "call" to you, maybe it's time to say goodbye to that particular piece and "hello" to something newer and more suited to your current wardrobe. Please decide on a price you think is fair (we want to sell it, not carry it around for subsequent meetings) and we'll sort of have a swap/sale. Our treasury will be happier and you'll have something new to wear!!!

Have a Song you'd like to share?

The IEB is inviting new songs for our Songbooks. Please submit your music or lyrics or both to Martha MacDonald, 4th VP.

International Convention

Please mark your calendars for the upcoming International Convention in Sacramento July 29 – August 2, 2014. You don't want to miss it!

October General Meeting and District Director Visit

Sunday October 20, 2013 3 pm

Home of Pearl Kim

Vote to approve Standing Rules

PROGRAM: "Music from around the world"

Akiko Dohi, pianist will play pieces by Morton Gould, Madeleine Dring and herself

Nancy Carr, clarinetist, will play music of Witold Lutoslawski

Congratulations to each and every one of you and most especially to our outstanding Board and Committee Chairs!! The IEB has again bestowed its highest award on us. Our Palos Verdes/South Bay Alumni Chapter received the award for Outstanding Alumni Chapter of the Year. We also received the award for Outstanding Alumni Chapter of Pacific Southwest Province, the Outstanding Website Award, Outstanding Newsletter Award and the award for the Greatest per Member SERV Hours. Thank you for your dedication to the ideals of our fraternity and for your enthusiastic support of our projects!

There are many awards offered by Mu Phi Epsilon to individual members who deserve recognition for their varied or specific contributions. There are also Foundation scholarships and grants available. Detailed information is available on the MPE website. Below is a list of awards of particular interest. Please carefully consider the qualifications and submit names you would like to nominate as candidates. You may email your recommendations to any board member.

Orah Ashley Lamke Distinguished Alumni Award:

- Awarded on the basis of long, loyal, and dedicated service to MPE.
- Candidate has not received recognition at the international level.
- This year only open to members in the Pacific and Pacific Southwest Provinces
- Candidate has maintained active membership throughout the years.
- Candidate exemplifies ideals of MPE.
- Assignments have been at Chapter level and beyond.
- Accepts responsibility and additional work willingly
- Maintains concern for the welfare of Collegiate members.
- Candidate has made an impact of the life of the community as well as in the Chapter.
- Candidate may not have served on the IEB or on the MPE Foundation Board.
- Recipient selected by the IEB.

Elizabeth Mathias Award

- Given only in convention years to Alumni members who have reached a high level of professional recognition and achievement. (Dr. Frances Steiner received this award in 1998)
- Recipient selected by IEB.

Award of Merit

- May only be given in convention years to outstanding members who bring honor to the Fraternity in their particular fields of music.

Musicological Research Contest Award:

- Designed to promote interest and growth among MPE members in music research.
- Entrants must be members in good standing (current dues paid)
- Information about rules and application deadlines at www.muphiepsilon.org/honorsawards-chaptermenu/musicologicalresearchcontest.html

Mary Alice Cox Award for Lifelong Learning:

- Purpose is to support a member's continued or renewed development or the mid-career transition in any field of professional music.
- Field includes but not limited to performance, composition, pedagogy and education, music therapy, music administration, and music technology.
- Recipient must have maintained their affiliation for 20 years or more, through alumni chapters or allied membership.
- Given only in convention years.

Marian Bowker Davidson Collaborative Pianist Award:

- Affiliates in good standing may receive \$1000 to support a project for collaborative pianist (piano, organ or other keyboard instrument)
- Project to develop performance skills, allow further non-academic study or facilitate a special project.
- Not limited by age, financial need, or projects within the United States.

ACME Honoree

- Awarded to members who are outstanding artists or educators in their field
- Submit nominees to the ACME Chair, Arietha Lockhart at ariethal@hotmail.com, or through www.muphiepsilon.org
- (Lenita McCallum is an ACME member.)

Then - and NOW!



Helen Freeborn was born into a musical family in Long Beach. Her mother was a pianist and organist. Her two older sisters studied the violin and one also played the piano. She began study of the 'cello at age 9 and gave her first solo recital at the age of 12. Her first orchestral experience was when she and her sisters became members of the Long Beach Women's Symphony. She also played in the Pasadena Symphony under Peter Merimblum and the Long Beach Philharmonic before becoming a scholarship student at Northwestern University where she became a member of Sigma Chapter of Mu Phi Epsilon on November 1, 1949. While at Northwestern she studied with Dudley Powers, principal cellist of the Chicago Symphony. Helen recalled that Northwestern was home to four separate women's musical sororities: SAI, Mu Phi, Delta Omicron and Phi Beta and there was great competition for membership with SAI usually winning the numbers game.

Helen married Ralph Johnstone in 1951 and they returned to CA after his stint in the Army. Upon her return to CA she began teaching in the Westminster School District and became a member of the Long Beach Alumni Chapter soon after it was formed.

Over the years she taught full time (25 years), had a private 'cello studio and eventually became a single mother for her three children, her first marriage ending in divorce in 1969. Twenty years later she married George Freeborn in 1989 and retired from teaching the same year.



Helen served three terms as president of the Long Beach Chapter and was present when alumni from that chapter left to form new chapters in Fullerton and Palos Verdes. She served as one of the installing officers of our chapter at its formation in 1964. The Long Beach Chapter changed its name to Beach Cities South in a bid to gain members in Orange County and also attempted to get a collegiate chapter going at UC Irvine in the 90's but apathy at the school led to the chapter soon going inactive. Without a school to feed younger members into the chapter it dwindled in membership and finally went inactive. Since 2006 we have had the pleasure of her company and wisdom and truly treasure this long time member of our fraternity.

